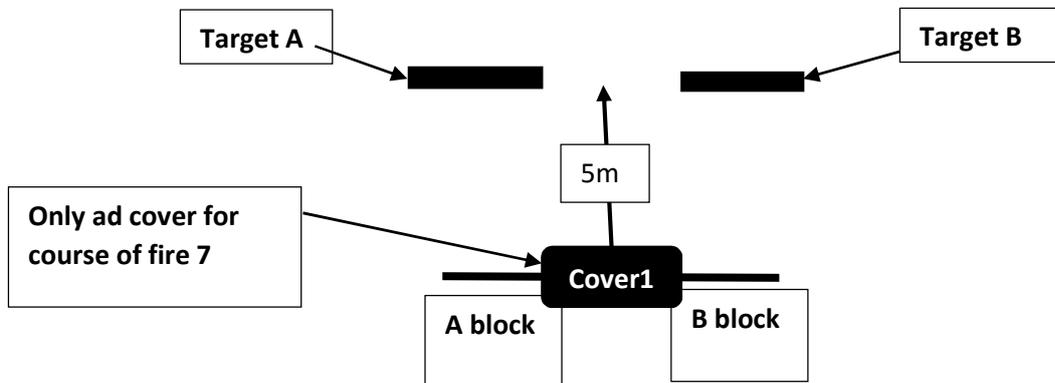


## Tactical dot torture

(COF Designer – Henning Wilkinson)



### Course of fire

1. Fire 5 rounds at target A and B start 1m from either target A or B move while firing into block A or B.  
**Times 1 Time 5sec.**
2. Draw and fire 1 round while moving to opposite block **Times 5. Time 2.5 sec.**
3. Draw fire 2 rounds 1 at each target while moving to opposite block as starting block.  
**Times 4. Time 3 sec.**
4. Draw fire 5 rounds strong hand only while moving to opposite block than starting position.  
**Times 1Time 7 sec.**
5. Draw fire 2 rounds at Target A and 2 rounds at target B while moving to opposite block as starting block.  
**Times 4 time 4 sec.**
6. Fire 5 rounds weak hand. At target A  
**Times 1 time 8 sec**
7. Draw fire 1 round at target A or B move to Cover reload and fire at target A or B from cover.  
**Times 3 time 6.5 sec.**